

## **General Description of Survey Questions**

### **Health Status**

General self-rated health and number of days during the preceding 30 days when physical health was not good, mental health was not good, and usual activities were limited.

### **AIDS Knowledge/Attitudes**

Chances of getting HIV: Respondents aged 18-64 who believe that their chances of getting infected with HIV, the virus that causes AIDS, are medium or high.

Encourage Teen Condom Use: Respondents aged 18-64 who would encourage their sexually active teenagers to use a condom.

HIV Blood Test: Respondents aged 18-64 who ever had a blood test for HIV infection.

### **Women's Health**

Ever had a Mammogram and a Clinical Breast Exam: Female respondents, aged 40 and older, who reported that they have ever had a mammogram (an X-ray of each breast to look for breast cancer) or a clinical breast exam (defined as an examination during which a doctor, nurse, or other medical professional felt the breast for lumps).

Mammogram and Clinical Breast Exam within the Last 2 Years: Women who reported that they have ever had a mammogram or clinical breast examination were asked how long it had been since their last examination.

Ever had a Pap smear: Female respondents who have not had a hysterectomy, age 18 and older, who reported that they have ever had a Pap smear (A test for cancer of the cervix).

How Long Since Last Pap smear: Female respondents who reported that they have ever had a Pap smear and who then reported the time of their last Pap smear test. Those who report they have never had a Pap smear are included and recorded as "never". This data only includes women who have not had a hysterectomy.

### **Cholesterol**

Respondents who were asked whether they have ever had their cholesterol levels checked and, if so, whether they were told their cholesterol was high. They were also asked about the time since they had their blood cholesterol checked.

### **Diabetes**

Diabetes Awareness: Respondents who reported that a doctor ever told them that they have diabetes.

### **Alcohol Misuse**

Acute (Binge) Drinking: Respondents who reported having five or more alcoholic drinks, on an occasion, one or more times in the past month.

Chronic Drinking: Respondents who reported an average of two or more drinks per day i.e., 60 or more alcohol drinks a month. Chronic drinking status is based on the total number of drinks per month.

Drinking and Driving: Respondents who reported driving after having too much to drink, one or more times in the past month.

### **Fruits and Vegetables**

Five or more servings of fruits and vegetables: Responses to questions on fruit and vegetable consumption were summarized to arrive at the number of times per day each respondent eats fruits and vegetables.

### **Health Care Coverage**

No Health Care Coverage: Respondents who responded "No" to the question, "Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs or government plans such as Medicare?"

### **Hypertension**

Hypertension Screening: Respondents who reported that they have had their blood pressure checked within the past 2 years.

Hypertension Awareness: Respondents who reported that they have ever been told they have high blood pressure.

### **Immunization**

Flu Shot: Respondents age 65 and older who reported that they had a flu shot within the past 12 months.

Pneumonia Vaccination: Respondents age 65 and older who have ever had a pneumonia vaccination.

### **Overweight**

Overweight according to BMI (Body Mass Index): According to the National Heart, Lung and Blood Institute (NHLBI) of the National Institutes of Health (NIH) clinical guidelines BMI values of 25 to 29.9999 are designated as "over weight" and BMI values of more than 30 is considered as obese. BMI values are measured by self reported weight and height of the BRFSS respondents.

### **Physical Inactivity**

Physically Inactive: Respondents who reported that they did not participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise.

**Smokeless Tobacco**

Current Smokeless Tobacco User: Respondents who reported that they currently use smokeless tobacco such as chewing or snuffing tobacco.

**Smoking Status**

Smoker: Respondents who have ever smoked 100 cigarettes in their lifetime and smoke now.

Current Daily Smoker: Respondents who reported smoking at least 100 cigarettes in their lifetime, currently smoke, and smoked all of the past 30 days.

**Colorectal Cancer Screening**

Ever had a sigmoidoscopic/proctoscopic exam: Respondents who answered yes to the question, “A sigmoidoscopy or proctoscopy is when the a tube is inserted in the rectum to view the bowel for signs of cancer and other health problems. Have you ever had this exam?”

Ever had a blood stool test: Respondents who answered yes to the question, “A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?”

**Weight Control**

Respondent who answered “yes” to the question, “Are you trying to lose weight?”